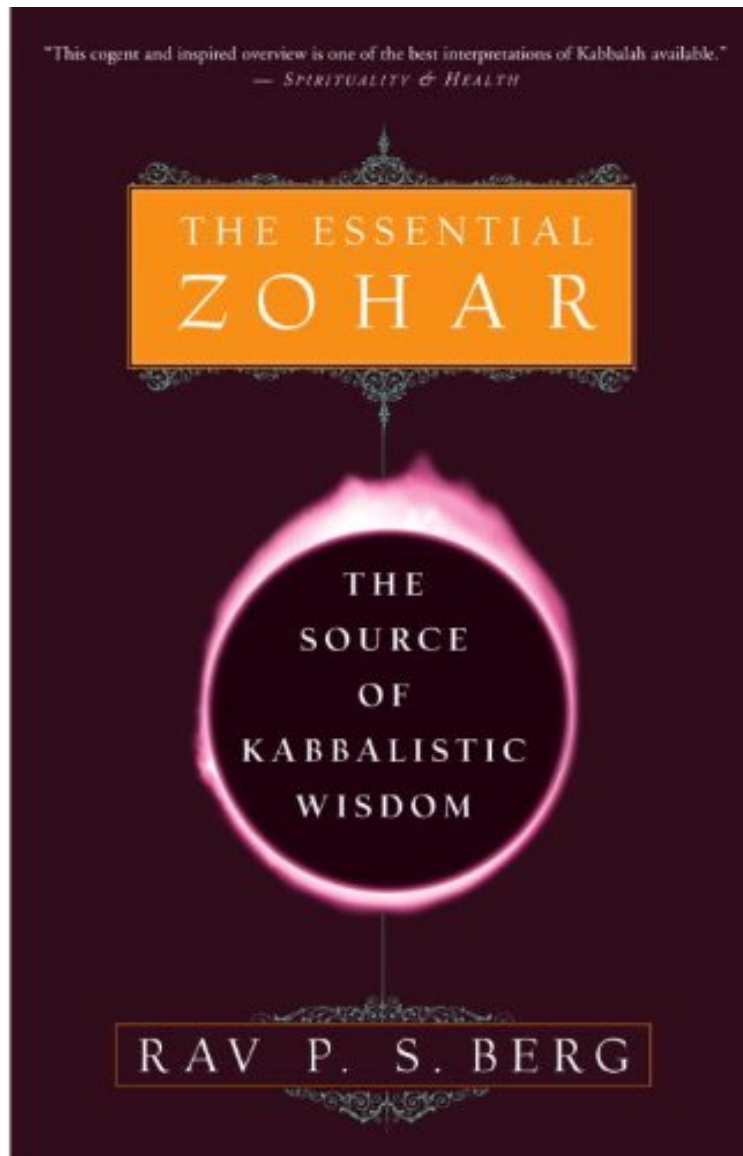


(Read free) The Essential Zohar

The Essential Zohar

Von Rav P.S. Berg

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Von Rav P.S. Berg : The Essential Zohar before purchasing it in order to gage whether or not it would be worth my time, and all praised The Essential Zohar:

KundenrezensionenHilfreichste Kundenrezensionen3 von 3 Kunden fanden die folgende Rezension hilfreich. Fascinating and thought-provokingVon Peter UysIn Part One: Foundations, the author explains that the Zohar is the central text of Kabbalah which is the spiritual heritage of all humanity. Kabbalah is not religious in the traditional sense of the term and isnt based on literal interpretations of scripture. Logical analysis is however an important tool for

investigating spiritual matters. But logic in Kabbalah can take paradoxical forms. The authorship and structure of the Zohar and its relationship to the Hebrew alphabet are discussed here, as well as the dissemination of the Kabbalah. Here I have also found one of the clearest and most accessible explanations of the Ten Sefirot and the Tree of Life. Part Two: Teachings, deals with creation, the Big Bang and the place where science and metaphysics meet. This section contains interesting discussions of fear, awe and the love of God, concealment, revelation, mercy, judgment, chaos, the Shekhina, temperance and certainty. Throughout, there are passages from the Zohar followed by Rav Berg's engaging and illuminating commentary which explains the working of concepts like Chesed (kindness), Gevurah (strength), Tiferet (balance) and Malchut (the earthly realm) with practical examples. It includes the famous story of the donkey driver and includes analyses of the nature of desire, the significance of strangers, chaos which is evil, and the Shekhina (The Presence). Part Three: Transformations, encompasses subjects as diverse as Noah and the flood generation, the story of Isaac, Jacob and his vicissitudes, Joseph's adventures, the golden calf, David and Batsheva. Other revelatory sections discuss concepts like soul mates, immortality, forgiveness, the reason why the wicked appear to be so strong, and how to connect to the Source of Life. In the conclusion, the author explains how Kabbalah may be used as a practical guide for transforming fragmentation and chaos into unity and fulfillment. The Zohar provides a bridge between everyday consciousness and our inner powers of transformation. And indeed, its surprise happenings, sudden insights and epiphanies have a salutary effect on the mind. In addition, the Zohar enables one to disconnect from darkness and negativity by reuniting us with the Creator's light. Having widely investigated the esoteric side of many spiritual traditions, I have found this brief study of the Zohar of great worth. There are correspondences with other mystical paths but also significant differences. I was surprised to discover for example, a seeming acceptance of the idea of reincarnation, unusual in Western spirituality. Sure there are many directly contradictory statements but after the initial frustration, pondering these eventually does reveal a bigger picture and more profound insight. I have found this work extremely valuable in better understanding some key concepts of the Judeo-Christian tradition. The book concludes with a bibliography, index and short biography of the author. My reading experience was immeasurably enhanced by simultaneously listening to the following music: The Sacred Names by Anjani Thomas, Kabbalah Music: Songs of the Jewish Mystics by Laura Wetzler and Holy Harmony: Healing Code Tuning Forks And Ancient YHSWH Chant by Jonathan Goldman. Sometimes, words alone are not enough; it is music that really resonates with the soul.

Kurzbeschreibung For thousands of years, no book has been more shrouded in mystery than the Zohar, yet no book offers us greater wisdom. The central text of Kabbalah, the Zohar is a commentary on the Bible's narratives, laws, and genealogies and a map of the spiritual landscape. In *The Essential Zohar*, the eminent kabbalist Rav P. S. Berg decodes its teachings on evil, redemption, human relationships, wealth and poverty, and other fundamental concerns from a practical, contemporary perspective. The Zohar and Kabbalah have traditionally been known as the world's most esoteric sources of spiritual knowledge, but Rav Berg has dedicated his life to making this concentrated distillation of infinite wisdom available to people of all faiths so that we may use its principles to live each day in harmony with the divine. Kabbalah, often defined as a Jewish mystical tradition, actually encompasses "the spiritual heritage of all mankind," according to Rav P.S. Berg in *The Essential Zohar*. Berg, the dean of the Kabbalah Centre (whose members include celebrities such as Madonna and Mick Jagger), has concentrated a core of teachings from the central kabbalistic text, the Zohar, in a single volume that makes kabbalistic wisdom accessible to readers of all religious traditions. The Zohar, which dates back to the second century B.C.E., offers tools for doing the work of kabbalah: "transforming chaos and fragmentation into unity and completion." The Zohar's biblical commentaries and rabbinical stories of apparently "surprise happenings, sudden insights, and full-blown epiphanies" are intended to help readers open themselves to similar revelations. And Berg explains that all of the Zohar's rarified spiritual stories have potential for practical application, to help readers "replace doubt with certainty and darkness with Light." --Michael Joseph Gross.com Kabbalah, often defined as a Jewish mystical tradition, actually encompasses "the spiritual heritage of all mankind," according to Rav P.S. Berg in *The Essential Zohar*. Berg, the dean of the Kabbalah Centre (whose members include celebrities such as Madonna and Mick Jagger), has concentrated a core of teachings from the central kabbalistic text, the Zohar, in a single volume that makes kabbalistic wisdom accessible to readers of all religious traditions. The Zohar, which dates back to the second century B.C.E., offers tools for doing the work of kabbalah: "transforming chaos and fragmentation into unity and completion." The Zohar's biblical commentaries and rabbinical stories of apparently "surprise happenings, sudden insights, and full-blown epiphanies" are intended to help readers open themselves to similar revelations. And Berg explains that all of the Zohar's rarified spiritual stories have potential for practical application, to help readers "replace doubt with certainty and darkness with Light." --Michael Joseph Gross