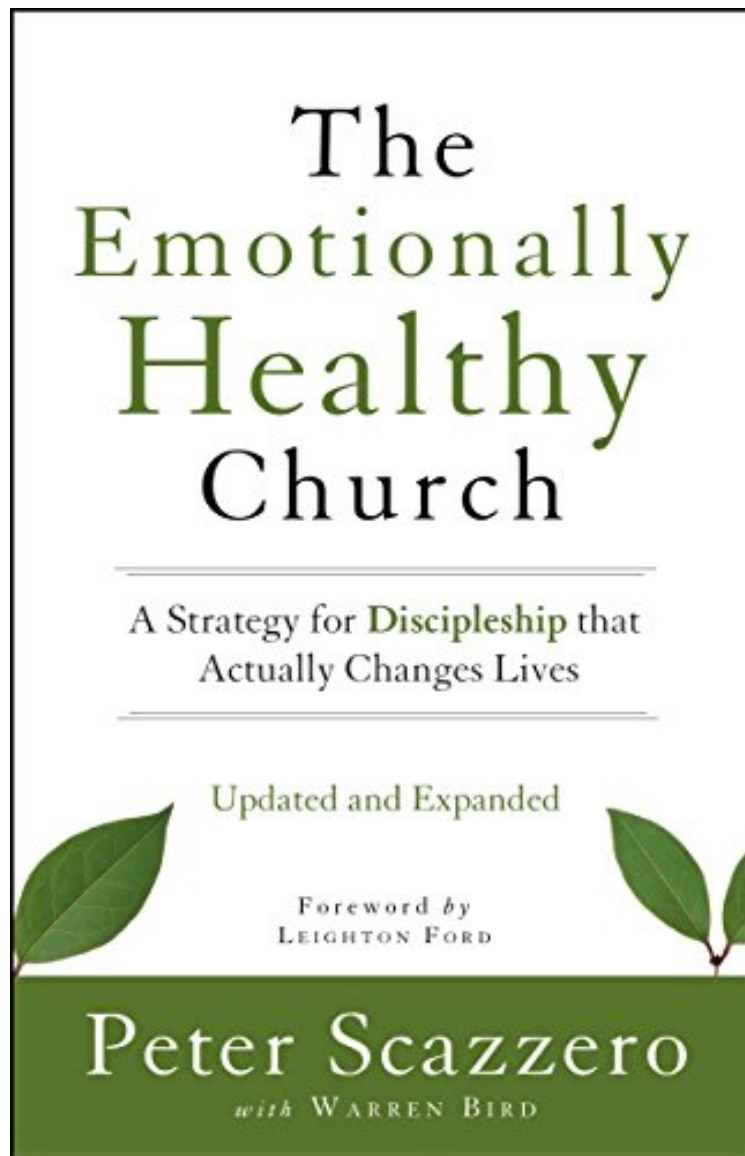


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The Emotionally Healthy Church, Updated and Expanded Edition: A Strategy for Discipleship That Actually Changes Lives

Von Peter Scazzero, Warren Bird
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Von Peter Scazzero, Warren Bird : The Emotionally Healthy Church, Updated and Expanded Edition: A Strategy for Discipleship That Actually Changes Lives before purchasing it in order to gage whether or not it would be worth my time, and all praised The Emotionally Healthy Church, Updated and Expanded Edition: A Strategy for Discipleship That Actually Changes Lives:

KundenrezensionenHilfreichste Kundenrezensionen2 von 2 Kunden fanden die folgende Rezension hilfreich. Scazzerro closes the gap between theory and practice in the area of discipleshipVon Michael BorowskiThere are many books on discipleship available these days ' Scazzerro's book is special. He argues that, although there is a major ' and rightly appreciated ' emphasize on discipleship these days, there would be a 'missing link' between the programs for discipleship and spiritual growth. This gap would be represented by the unaddressed area of emotionally health. After offering a test to 'rate' the reader's own emotional health, Scazzerro deals with seven principles of an 'emotionally healthy church', which are described as follows:(1) An emotional healthy church looks beneath the surface: A church needs to acknowledge that humans have a spiritual dimension, which also matters. Therefore the church needs to go deeper in the given relationships by asking for reasons and the status of the real situation in one's life, and discover the deeper layers of the individual.(2) Furthermore, an emotionally healthy church has learned to break the power of the past: Scazzerro affirms the need of realizing the individual history of the members in the church ' what is the story of the family? Which major influences have been there for the given lives? Which difficulties have been there, and which difficulties remain unsolved?(3) Thirdly, an emotionally healthy church lives in brokenness and vulnerability: While contrasting churches which entertain structures of being proud and of being defensive on the one hand and structures of brokenness and vulnerability on the other, Scazzerro argues that all Christians, when under spiritual pressure, naturally either flee, fight or hide. An emotionally healthy church would support Christians who would not follow these (false) natural reactions, but deal with them in a spiritual way.(4) Furthermore, an emotionally healthy church receives the 'gifts of limit': Scazzerro argues that, while churches often want to be 'without limits' (meaning that churches have good intentions and want to do more and more), a church should conversely acknowledge that there are limits ' limits in general and limits in concrete terms (e.g., if a church has no academical trained leaders, it cannot deal with a group of, for instance, sharp-minded academics).(5) An emotionally healthy church embraces grieving and loss: Scazzerro states that grief is not a 'bad thing' in itself. Grief is not an expression of an unspiritual mind; it is a human reaction on certain situations like losses.(6) Next, an emotionally healthy church makes incarnation it's model to love well: Now, Incarnation refers here to the idea of identifying with someone else, but identifying in a somehow complete way: Scazzerro wants a church to do whatever it takes to see the things with the eyes of a certain individual in order to understand his world and his take on it.(7) Finally, an emotionally healthy church slows down to lead with integrity: we need to understand that emotional health and spiritual maturity cannot be separated, that 'maturity is about love and character, not gifts and knowledge'. A church needs to wait ' wait for the Lord, wait for certain people; and in waiting live the integrity that inherits the first principle of love for the neighbor.Scazzerro's book is recommendable for at least three reasons: First of all, it addresses a topic which seems to be almost forgotten. While discipleship is a topic which is rediscovered by many authors and churches, many programs aim for teaching doctrine or changing behavior. These goals are recommendable. However, Scazzerro adds another important area for the ongoing development.Secondly, Scazzerro connects rightly emotional health with spiritual maturity. It is a sad relict of a late-modern age which still holds human reason as more important than human emotions. While one must affirm these credits in an academical training, church life addresses really life ' and therefore must not neglect whole aspect of it.Finally: Although Scazzerro addresses an area which is rightly connected to professional care with regards to some areas of illnesses, he successfully helps both to understand and apply those features a local church can set into practice: As it has been argued recently, there is a major part of work to do which is doable for almost every member of a church (e.g., soul care among friends). Scazzerro successfully supports the work in these areas.

Kurzbeschreibung" In this new edition of his Gold Medallion Award-winning book, Peter Scazzerro shares powerful insights on how contemplative spirituality can help pastors and individual church member slow downan integral key to spiritual and emotional health . Sharing from the painful but liberating journey of his own church, Scazzerro reveals exactly how the truth can and does make people free not just superficially, but deep down. This expanded edition of The Emotionally Healthy Church not only takes the six principles described in the original book further and deeper, but adds a crucial seventh principle. Principle 1: Look Beneath the Surface Principle 2: Break the Power of the Past Principle 3: Live in Brokenness and Vulnerability Principle 4: Receive the Gift of Limits Principle 5: Embrace Grieving and Loss Principle 6: Make Incarnation Your Model for Loving Well Principle 7: Slow Down to Lead with Integrity "Kurzbeschreibung" In this new edition of his Gold Medallion Award-winning book, Peter Scazzerro shares powerful insights on how contemplative spirituality can help pastors and individual church member slow downan integral key to spiritual and emotional health . Sharing from the painful but liberating journey of his own church, Scazzerro reveals exactly how the truth can and does make people free not just superficially, but deep down. This expanded edition of The Emotionally Healthy Church not only takes the six principles described in the original book further and deeper, but adds a crucial seventh principle. Principle 1: Look Beneath the Surface Principle 2: Break the Power of the Past Principle 3: Live in Brokenness and Vulnerability Principle 4: Receive the Gift of Limits Principle 5: Embrace Grieving and Loss Principle 6: Make Incarnation Your Model for Loving Well Principle 7: Slow Down to

Lead with Integrity "Synopsis True discipleship integrates emotional and spiritual health. New Life Fellowship in Queens, New York, had it all: powerful teaching, dynamic ministries, an impressive growth rate, and a vision to do great works for God. Things looked good - but beneath the surface, circumstances were more than just brewing. They were about to boil over, forcing Peter Scazzero to confront needs in his church and himself that went deeper than he'd ever imagined. What he learned about the vital link between emotional health, relational depth, and spiritual maturity can shed new light on painful problems in your own church. Here are refreshing new insights, and a different and challenging slant on what it takes to lead your congregation to wholeness and maturity in Christ. Our churches are in trouble, says Scazzero. They are filled with people who are - unsure how to biblically integrate anger, sadness, and other emotions; defensive, incapable of revealing their weaknesses; threatened by or intolerant of different viewpoints; zealous about ministering at church but blind to their spouses' loneliness at home; so involved in "serving" that they fail to take care of themselves; and prone to withdraw from conflict rather than resolve it. Sharing from New Life Fellowship's painful but liberating journey, Scazzero reveals exactly how the truth can and does make people free - not just superficially, but deep down. After offering a new vision of discipleship and a revealing, guided self-assessment of your own spiritual and emotional maturity, "The Emotionally Healthy Church" takes you through six principles that can make a profound difference in your church. You'll acquire knowledge and tools that can help you and others - look beneath the surface of problems; break the power of past wounds, failures, sins, and circumstances; live a life of brokenness and vulnerability; recognize and honor personal limitations and boundaries; embrace grief and loss; and make incarnation your model to love others. Written in a personal and passionate style, "The Emotionally Healthy Church" includes hands-on tools, discussion questions, spotlights on key points, and story after story of people at New Life whose lives have been changed by the concepts in this book. Open these pages, and find out how your church can turn a new corner on the road to spiritual maturity.