

[Ebook pdf] The Art of Meditation (English Edition)

## The Art of Meditation (English Edition)

Von Joel S. Goldsmith

DOC | \*audiobook | ebooks | Download PDF | ePub



 Download

 Read Online

Produktinformation -Verkaufsrang: #356559 in eBooksVerffentlicht am: 2013-04-02Erscheinungsdatum: 2013-04-02File Name: B00CBIDODE | File size: 69.Mb

**Von Joel S. Goldsmith : The Art of Meditation (English Edition)** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Art of Meditation (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen1 von 1 Kunden fanden die folgende Rezension hilfreich. Brilliant Joel GoldsmithVon SpiritSite.com StaffAs with most of his work, The Art of Meditation does an excellent job of illustrating Joel Goldsmith's approach to prayer and meditation.The key to happiness, says Joel, is to make conscious contact with the presence of God within. Prayer and meditation can be excellent assistances in this regard.The Art of

Meditation isn't so much a "how to" book as it is a "why to" book. After years of diligently praying and meditating, Joel Goldsmith himself received innumerable insights and helped thousands of people to heal. Highly recommended, along with almost all of Joel's other work. 1 von 1 Kunden fanden die folgende Rezension hilfreich. A simple, effective way to learn to meditate. Von Ein Kunde If you are looking for a way to connect with your inner self, and your religious background is Christian, look no further. I have read books on Buddhism, Zen (what is it?) and other Eastern style "religions". Joel S. Goldsmith speaks to the heart of all who are looking for that connection within and have an understanding of the Bible. After all, there are many messengers, but the Message remains the same! Why retrain your brain? 1 von 1 Kunden fanden die folgende Rezension hilfreich. Provides spiritual insights on which to contemplate. Von Ein Kunde Being a Christian in a twelve step recovery program, I was in search of books on the topic of meditation. Goldsmith's "The Art of Meditation" surpassed my expectations and presented me with an alternate to the "mystical" approaches to meditation that are so popular today. It has been very helpful to me, uplifts me and glorifies God.

Kurzbeschreibung Many books have been written about inward prayer, or meditation, but Joel Goldsmith's classic, *The Art of Meditation*, presents meditation not as a theory, but as a joyous and rewarding experience. The book begins with these words: Most men and women are convinced that there is a divine Power of some sort operating in human affairs, but they are not sure what it is, nor do they know how to bring this divine Presence and Power into daily experience. In *The Art of Meditation*, Goldsmith shows the reader the way, and it is through meditation. Goldsmith says that on the whole, the world has no knowledge of God as the living Power and Presence with Whom we are one. If it did, its anguish, wars, sin, and death would vanish. But, he says, individuals can learn the nature of God and how to contact God. He writes: Christ buried in the tomb of the mind will not come forth and do works, but Christ risen in our consciousness, Christ raised from the tomb through meditation and communion that is the miracle worker of the ages. *The Art of Meditation* explains how this inner Presence, also called the Christ, can be realized and can operate in daily life. While many people pray for the purpose of getting something, Goldsmith explains that we should enter meditation without ulterior motive: Any meditation that has within itself a single trace of a desire to get something from God or to acquire something through God is no longer meditation. He presents meditation as a turning within and listening. At some moment in that quietude, when human thought is stilled and the noise of human living is hushed, the God-experience comes in. *The Art of Meditation* gives the reader careful instructions about how to undertake the beautiful spiritual practice of daily meditation. Goldsmith says that the purpose of this book is to help students practice the art of meditation by which the Word takes root, so that they come into an actual awareness, an actual consciousness of living in the Spirit. The object is to reach the state of consciousness revealed by Paul: I live yet not I, Christ liveth my life." Then God appears as the wholeness, the abundance, the harmony, the peace, and the joy of our experience. One of the best known volumes of Goldsmith's work, *The Art of Meditation* is one of the four foundational books in the Infinite Way teachings. Pressestimmen "An able manual of introduction to the declining meditative art and an elaboration of its vital and productive role in Christian living and worship." -- "The Christian Century" "Joel Goldsmith was a genuine American Christian mystic and spiritual teacher. His books, including ... "The Art of Meditation" are known and cherished all over the world and source of inspiration and help to millions." -- "Spiritual Frontiers" Kurzbeschreibung Many books have been written about inward prayer, or meditation, but Joel Goldsmith's classic, *The Art of Meditation*, presents meditation not as a theory, but as a joyous and rewarding experience. The book begins with these words: Most men and women are convinced that there is a divine Power of some sort operating in human affairs, but they are not sure what it is, nor do they know how to bring this divine Presence and Power into daily experience. In *The Art of Meditation*, Goldsmith shows the reader the way, and it is through meditation. Goldsmith says that on the whole, the world has no knowledge of God as the living Power and Presence with Whom we are one. If it did, its anguish, wars, sin, and death would vanish. But, he says, individuals can learn the nature of God and how to contact God. He writes: Christ buried in the tomb of the mind will not come forth and do works, but Christ risen in our consciousness, Christ raised from the tomb through meditation and communion that is the miracle worker of the ages. *The Art of Meditation* explains how this inner Presence, also called the Christ, can be realized and can operate in daily life. While many people pray for the purpose of getting something, Goldsmith explains that we should enter meditation without ulterior motive: Any meditation that has within itself a single trace of a desire to get something from God or to acquire something through God is no longer meditation. He presents meditation as a turning within and listening. At some moment in that quietude, when human thought is stilled and the noise of human living is hushed, the God-experience comes in. *The Art of Meditation* gives the reader careful instructions about how to undertake the beautiful spiritual practice of daily meditation. Goldsmith says that the purpose of this book is to help students practice the art of meditation by which the Word takes root, so that they come into an actual awareness, an actual consciousness of living in the Spirit. The object is to reach the state of consciousness revealed by Paul: I live yet not I, Christ liveth my life." Then God appears as the wholeness, the abundance, the harmony, the peace, and the joy

of our experience. One of the best known volumes of Goldsmith's work, *The Art of Meditation* is one of the four foundational books in the Infinite Way teachings.