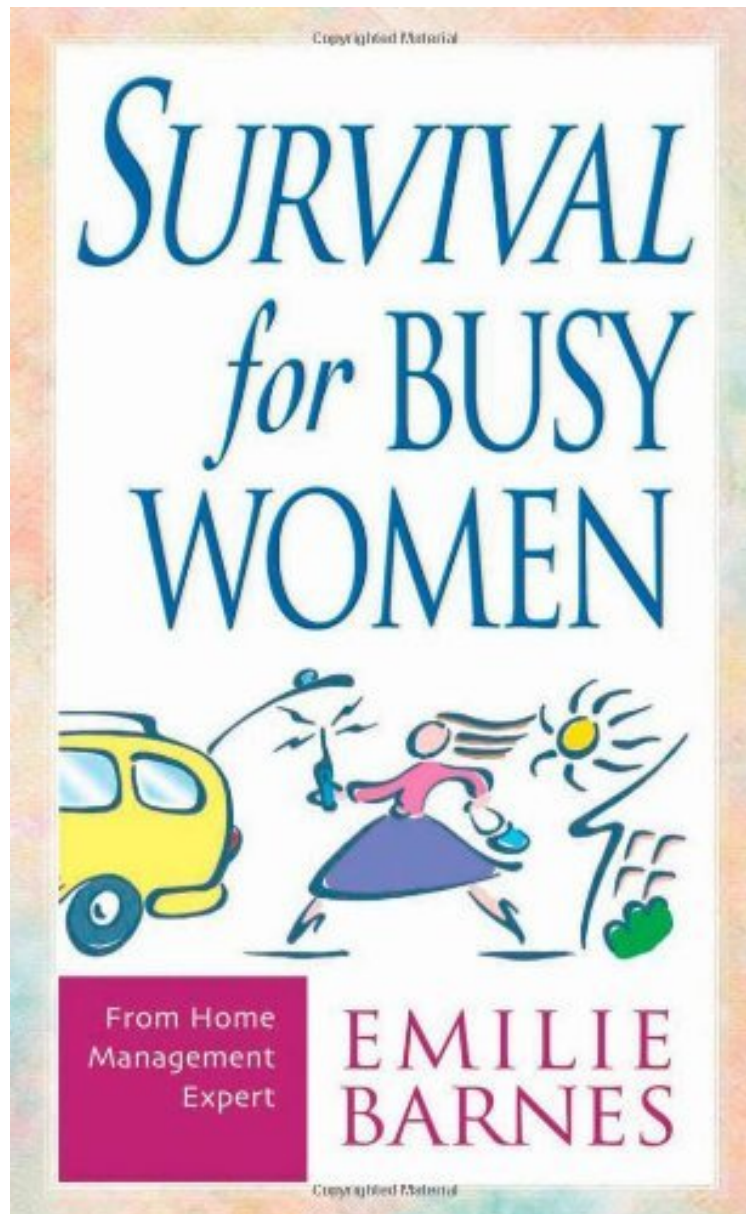


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## Survival for Busy Women (English Edition)

Von Emilie Barnes

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**Von Emilie Barnes : Survival for Busy Women (English Edition)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Survival for Busy Women (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. Helping get my life on track!Von N. L. MendezMrs. Barnes does a wonderful job at delivering practical advice for women

(and men!) to help them make the most of their time! At first, I was very skeptical about her writing - how could a career homemaker possibly know what a working mother goes through? Guess what? She does! I have only used a handful of tips from her book, and already I feel a lot more relaxed and have more time! My favorite tip is the 15 minute total-mess-to-total-rest routine. It's amazing how much one can accomplish by breaking chores into 15 minute intervals. The bible verses that she uses are helpful as well, but this is a great book without it (as a Christian, I am glad they are in there). I have ordered 3 more of her books, and I highly recommend this book for the woman (or man!) who wants to clear the clutter and chaos out of her (or his!) life!

Kurzbeschreibung Well-loved for her wonderful gift of organization and her down-to-earth approach, Emilie offers proven, creative ways to beat stress and achieve a more balanced life. Readers will discover practical tips for everything from organizing closets to planning menus, preparing for vacations, and prioritizing finances. They'll also discover how to ---- Eliminate clutter-- Take the hassle out of meal preparation-- Create special family times-- Make time for their friends-- Travel wisely Dozens of charts, illustrations, and innovative ideas make surviving -- and excelling! -- possible in areas that include: making money go further, easing pressure through consolidating tasks, and especially creating more hours to spend with family, friends, and the Lord. Kurzbeschreibung Well-loved for her wonderful gift of organization and her down-to-earth approach, Emilie offers proven, creative ways to beat stress and achieve a more balanced life. Readers will discover practical tips for everything from organizing closets to planning menus, preparing for vacations, and prioritizing finances. They'll also discover how to ---- Eliminate clutter-- Take the hassle out of meal preparation-- Create special family times-- Make time for their friends-- Travel wisely Dozens of charts, illustrations, and innovative ideas make surviving -- and excelling! -- possible in areas that include: making money go further, easing pressure through consolidating tasks, and especially creating more hours to spend with family, friends, and the Lord. ber den Autor und weitere Mitwirkende Emilie Barnes is the author of 70 books, including 101 Ways to Clean Out the Clutter; Heal My Heart, Lord; and 15 Minutes Alone with God. Emilie and her husband, Bob, are also the founders of More Hours in My Day time-management seminars.