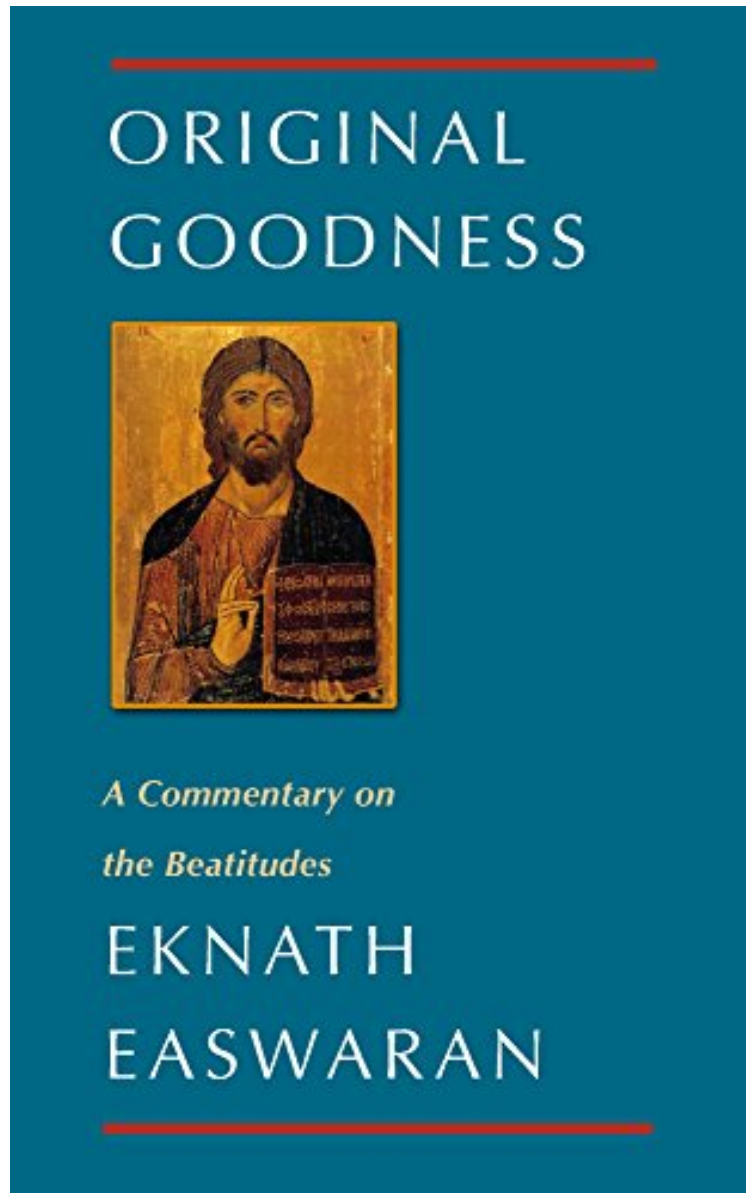


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Original Goodness: A Commentary on the Beatitudes of the Sermon on the Mount (Classics of Christian Inspiration Book 3) (English Edition)

Von Eknath Easwaran

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before purchasing it in order to gauge whether or not it would be worth my time, and all praised *Original Goodness: A Commentary on the Beatitudes of the Sermon on the Mount* (Classics of Christian Inspiration Book 3) (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen1 von 1 Kunden fanden die folgende Rezension hilfreich. A Wonderful Book of Surpassing WisdomVon Ein KundeThis is simply one of the finest and most inspiring books I've ever read. It takes the famous Beatitudes of Jesus' "Sermon on the Mount" and shows how we can train ourselves mentally and spiritually to be living embodiments of their wisdom in our everyday lives. Easwaran begins with the premise that our innermost core or essence is one with the divine ground of all being. It is timeless, indestructible, and purely good. And he shows us how we can cultivate a spiritual path which lets this goodness shine through our conventional, constricted, egoic selves. His path is based on the "perennial philosophy" that he and many religious scholars and sages say forms the heart of all the great religious traditions. But while he quotes liberally from mystics of various traditions, his focus here is on Christian mysticism. Meister Eckhart and St. Teresa of Avila figure prominently in the book, and their words grace the reader with profound wisdom and inspiration. The chapter on love alone is worth many times the price of the book. It has impacted my life more than I can say. Do yourself a favor and get this book, make it a part of your life, and share the sweet fruits of your efforts with those around you. The world will be a better place because of it.

KurzbeschreibungUncover the core of goodness within.Love, compassion, meaning, hope, and freedom from fear are not qualities we need to acquire. We simply need to uncover what we already have. Original goodness is Eknath Easwaran's phrase for this spark of divinity hidden in every one of us, regardless of our personal liabilities or past mistakes. Easwaran is one of the twentieth century's great spiritual teachers and an authentic guide to timeless wisdom. His books on meditation, spiritual living, and the classics of world mysticism have been translated into twenty-six languages. Commenting on the Beatitudes from the Sermon on the Mount, Easwaran shows how this spark of divinity can energize our lives beginning with a simple method of meditation that gradually removes the conditioning that hides our native goodness. Revised second edition (July 2017) has a new cover and minor corrections. KurzbeschreibungUncover the core of goodness within.Love, compassion, meaning, hope, and freedom from fear are not qualities we need to acquire. We simply need to uncover what we already have. Original goodness is Eknath Easwaran's phrase for this spark of divinity hidden in every one of us, regardless of our personal liabilities or past mistakes. Easwaran is one of the twentieth century's great spiritual teachers and an authentic guide to timeless wisdom. His books on meditation, spiritual living, and the classics of world mysticism have been translated into twenty-six languages. Commenting on the Beatitudes from the Sermon on the Mount, Easwaran shows how this spark of divinity can energize our lives beginning with a simple method of meditation that gradually removes the conditioning that hides our native goodness. Revised second edition (July 2017) has a new cover and minor corrections. BuchrückseiteLove, compassion, meaning, hope, and freedom from fear are not qualities we need to acquire. We simply need to uncover what we already have. "Original goodness" is Eknath Easwaran's phrase for this spark of divinity hidden in every one of us, regardless of our personal liabilities or past mistakes. And in this book he shows how this spark of divinity can energize our lives - beginning with instructions in a simple method of meditation that gradually removes the conditioning which hides our native goodness. Each chapter then takes its theme from the Beatitudes of the Sermon on the Mount. Throughout, this book is enlivened with inspiring quotes from some of the greatest Christian mystics - among them Meister Eckhart, Mechthild of Magdeburg, Teresa of Avila, and John Ruysbroeck. Original Goodness will appeal to anyone wanting to learn how to meditate using a method that fits comfortably within the Christian tradition. It is full of helpful suggestions for making spiritual ideals a practical part of daily life.