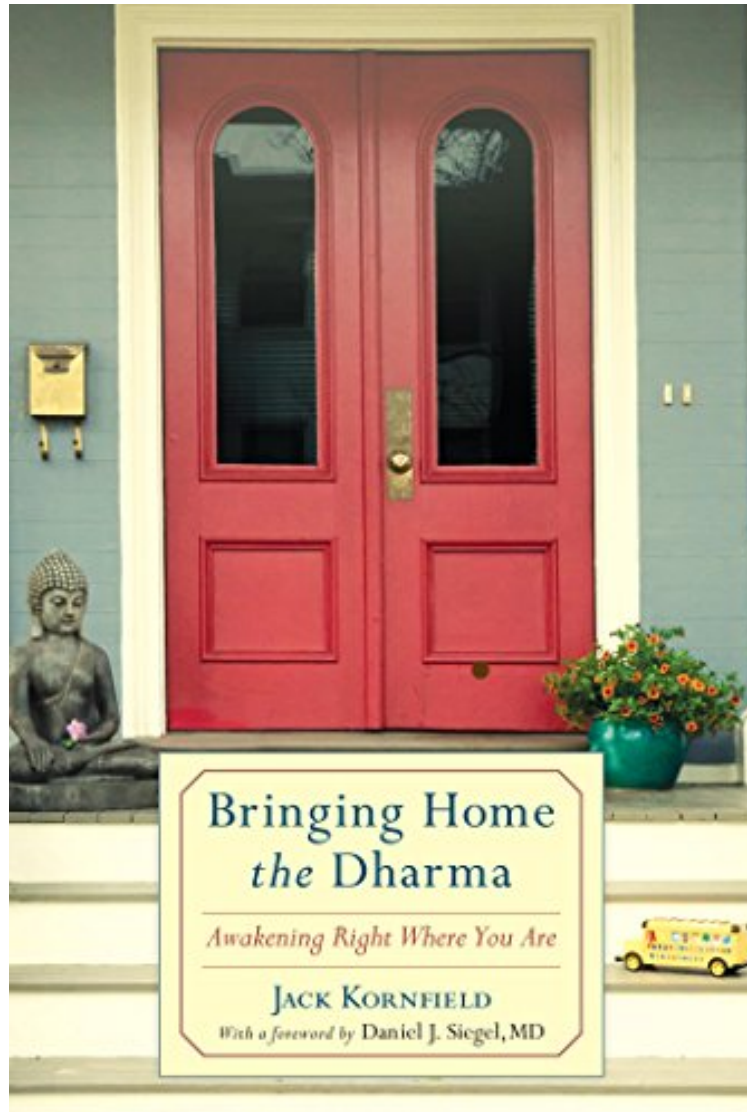


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Bringing Home the Dharma: Awakening Right Where You Are

Von Jack Kornfield

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Von Jack Kornfield : Bringing Home the Dharma: Awakening Right Where You Are before purchasing it in order to gage whether or not it would be worth my time, and all praised Bringing Home the Dharma: Awakening Right Where You Are:

KundenrezensionenHilfreichste Kundenrezensionen9 von 10 Kunden fanden die folgende Rezension hilfreich. not the best of KornfieldVon A. Max KnigMy first book of Jack Kornfield, A Path with a Heart, I have read in 1995 and only in retrospect I realize how his writings have been of great influence and help to my life. I can reread his books (like "After the Ecstasy" or "the wise heart") again and again and find new insights. Years later I find advice which in the

first reading I did not notice since "I wasn't there yet". Jack Kornfield has a wisdom and personal experience, which is very humble and selfless and I find him to be one of the best authors inspiring the very practical aspects of spiritual life. So why only three stars for this book? Two things: Parts of the book is recycled texts from previous publications, which is a bit disappointing. But there is another thing, which I found disturbing: Kornfield has in his previous books very gently and very wisely taken up the issue of betrayal in spiritual communities and the fact that some teachers don't live up to what they promise, often in the areas of sex, power or money. I noticed that Kornfield was over time more open in mentioning this and also had in some books very helpful advice how to deal with such experiences. Now to my surprise, Kornfield has a long chapter containing enormous praise regarding Chgyam Trungpa, describing his amazing qualities on full 16 pages. The uninformed reader is left with the impression that Trungpa was absolutely amazing and almost without any flaw. I am left with the impression, that Kornfield answers an "insider discussion" which only those having more information understand completely. In only one short paragraph he mentions that Trungpa "drank and was a womanizer" -- which seems after all I know quite an understatement. Brad Warner for example describes such issues in a good chapter "when good spiritual masters go bad", also mentioning Trungpa as "a problematic teacher to say the least", and his even more problematic successor. I am not saying that Trungpa may not have had amazing qualities and that he created much good, as for example establishing Naropa and Buddhism in general in America and the West. But from Kornfield I had expected a more balanced presentation of Trungpa -- his later chapter on the "sex life of gurus" does not ease my uneasiness about the Trungpa chapter. The fact that he is controversial must be clearly stated and discussed in a chapter about Trungpa and not "covered up" in one-sided praise. It simply raises much bigger questions: If some ideals, especially the celibate life, fail so often in spiritual communities, be they Catholic, Buddhist or whatever, one has to honestly ask if these ideals cause more damage and hypocrisy than true help. From Kornfield I am used to see such discussions and I am really puzzled about this chapter on Trungpa, since it does not seem to be Kornfield's usual style. I still find much inspiration in large parts of his book. I do think his previous ones were better and I am disturbed by the Trungpa chapter the way it is written. Maybe since I have had my share of disappointments in the Catholic tradition I grew up with and had so far thought the Buddhist community would deal better with these things.

Kurzbeschreibung If you want to find inner peace and wisdom, you don't need to move to an ashram or monastery. Your life, just as it is, is the perfect place to be. Jack Kornfield, one of America's most respected Buddhist teachers, shares this and other key lessons gleaned from more than forty years of committed study and practice. Topics include: How to cultivate loving-kindness, compassion, joy, and equanimity Conscious parenting Spirituality and sexuality The way of forgiveness Committing ourselves to healing the suffering in the world Bringing Home the Dharma includes simple meditation practices for awakening our buddha nature our wise and understanding heart amid the ups and downs of our ordinary daily lives. Pressestimmen One of the greatest spiritual teachers of our time. Alice Walker Jack Kornfield is a wonderful storyteller and a great teacher. Thich Nhat Hanh One of Western Buddhism's wise elders, Jack Kornfield harvests a lifetime of experiences to create a masterful, clear, and moving picture of the human mind and heart. Norman Fischer Jack Kornfield brings to life a way to understand and cultivate mindfulness, compassion, loving-kindness, and true wisdom that penetrates to the core of what liberation is all about. Jon Kabat-Zinn Jack is helping to pave the path for American Buddhism, bringing essential basics into our crazy modern lives. Natalie Goldberg [Kornfield's] eloquence and accuracy here demonstrate his own mastery of many everyday and ethereal insights. New York Journal of Books Kornfield has filled his latest book with jewels of Buddhist insight, wisdom, metaphor, and anecdotes, as well as practical instructions for meditation practice and living a meaningful life. Yoga International Ever wish your life had an owner's manual? Jack Kornfield has written it for you in Bringing Home the Dharma. Portland Book Kurzbeschreibung If you want to find inner peace and wisdom, you don't need to move to an ashram or monastery. Your life, just as it is, is the perfect place to be. Jack Kornfield, one of America's most respected Buddhist teachers, shares this and other key lessons gleaned from more than forty years of committed study and practice. Topics include: How to cultivate loving-kindness, compassion, joy, and equanimity Conscious parenting Spirituality and sexuality The way of forgiveness Committing ourselves to healing the suffering in the world Bringing Home the Dharma includes simple meditation practices for awakening our buddha nature our wise and understanding heart amid the ups and downs of our ordinary daily lives.