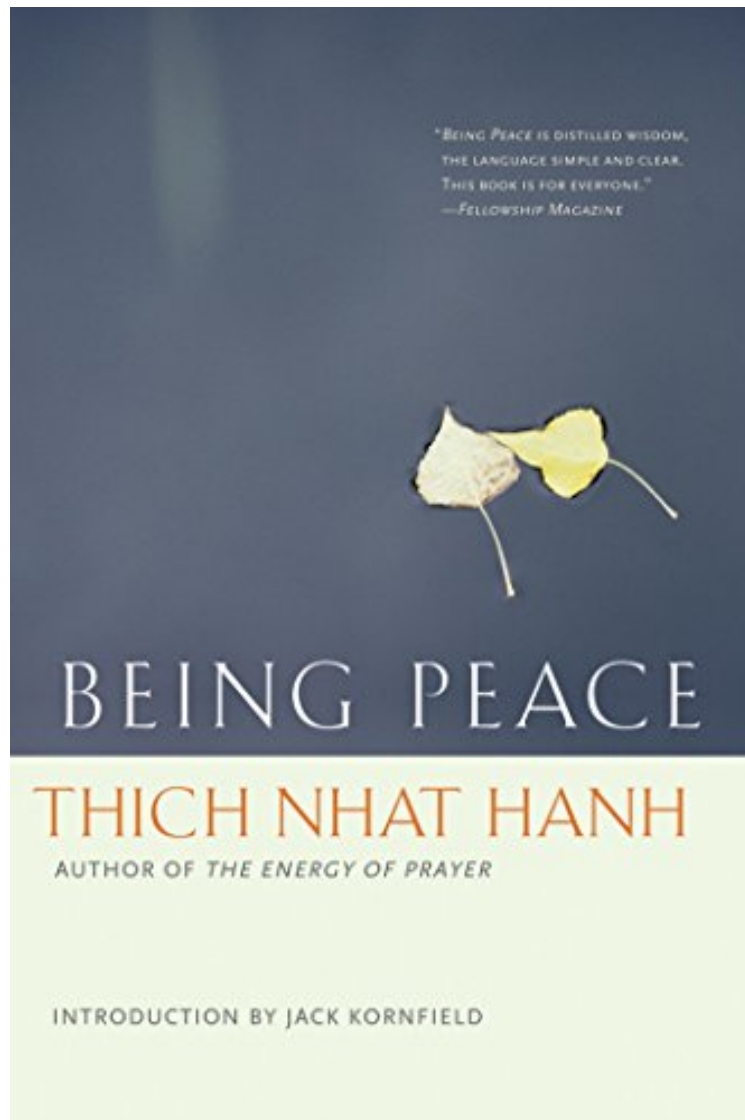


[Read free] Being Peace

Being Peace

Von Thich Nhat Hanh

DOC | *audiobook | ebooks | Download PDF | ePub



 Download

 Read Online

Produktinformation -Verkaufsrank: #493239 in eBooksVerffentlicht am: 2005-09-10Erscheinungsdatum: 2005-09-10File Name: B0097CYI4G | File size: 59.Mb

Von Thich Nhat Hanh : Being Peace before purchasing it in order to gage whether or not it would be worth my time, and all praised Being Peace:

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. Brilliant and very touchingVon Ein KundeThis is a book to live by. T.N.Hanh expresses his ideas simply and directly. Even as a buddhist of some experience and knowledge in buddhism philosophy, I found this book refreshing and a joy to read. Sometimes, I find myself reading a few lines, and sighed, and then read the same lines again. Other times, I read and nod in agreement. This is definitely a book for both experienced Buddhism and those who are totally new to

Buddhism. The Little Enlightenment that you will gain from this book, will change the way you live your life, and the way you view relationships with others. BEING PEACE, begins with you!0 von 0 Kunden fanden die folgende Rezension hilfreich. An excellent introduction to Buddhist thought. Von Travis Miller (greenie@fred.net)This book serves as an excellent introduction to Buddhist thought. Hanh illustrates the wisdom of the Middle Path with clarity and grace, avoiding unfamiliar terminology that may confuse newcomers to the subject, and shows that anyone can benefit from the teachings of the Buddha. With a focus on mindfulness and compassion, the book is also a reminder to the more advanced student of the importance of direct experience of the dharma. Highly recommended.0 von 0 Kunden fanden die folgende Rezension hilfreich. Calmness, Smiles StoriesVon soozie@dtgnet.comBeing Peace was the first book of engaged Zen to come into my hands, and I found it essential to read from it each day. Hanh's simple stories, and delivery of our need to find and be Peace within before there will be Peace in our world, transformed my thoughts on meditation and prayer. It is an excellent starting place for a new journey in self-understanding/spiritual adventure. "Breathing in, I calm my body; breathing out, I smile...."

KurzbeschreibungBeing Peace is a timeless and eloquent introduction to Zen Master Thich Nhat Hanh and his most important teachings. First published in 1987 and translated into more than thirty languages, this spiritual classic reveals the connection between our own personal happiness and the state of the world around us. Thich Nhat Hanh's key practices are presented in simple and clear language, offering practical suggestions for how to create a more peaceful world "right in the moment we are alive." Being Peace is a must-have for those interested in Buddhist practice and a perfect starting point for anyone concerned about how to create peace in themselves and the world. From Library JournalThis collection of teachings by noted Vietnamese Buddhist monk and peace activist Thich Nhat Hanh will be eagerly read by those concerned about world peace. Rev. Thich claims that world peace starts with the individual's acquiring inner peace. He challenges the reader in warm and anecdotal dialogues: "Have we wasted our hours and days? Are we wasting our lives? . . . Practicing Buddhism is to be alive to each moment." Meditation, says the author, is not an escape from the difficult present but an active form of service to society, directing us to understanding and compassion toward all suffering humanity. The author terms this "engaged Buddhism." Free of jargon and eminently practical, this wise and joyous book celebrates the spirituality inherent in daily life. For academic and public libraries. Alphonse Vinh, Yale Univ. Lib. Copyright 1987 Reed Business Information, Inc. Pressestimmen "This book is a treasure. If you look deeply you will see in it the seeds of all Thich Nhat Hanh's most important teachings, and the seeds of your awakenings as well." Jack Kornfield "...a jewel of love and wisdom." Small Press REVIEWS OF ORIGINAL EDITION: Free of jargon and eminently practical, this wise and joyous book celebrates the spirituality inherent in daily life. Library Journal a glass of water in the desert for those interested in both Buddhism and the world. San Francisco Chronicle Being Peace is distilled wisdom, the language simple and clear. This book is for everyone. Fellowship magazine [Thich Nhat Hanh] has pared down the voluminous teachings of Buddhism to their innermost core. Stephen Batchelor, in Resurgence