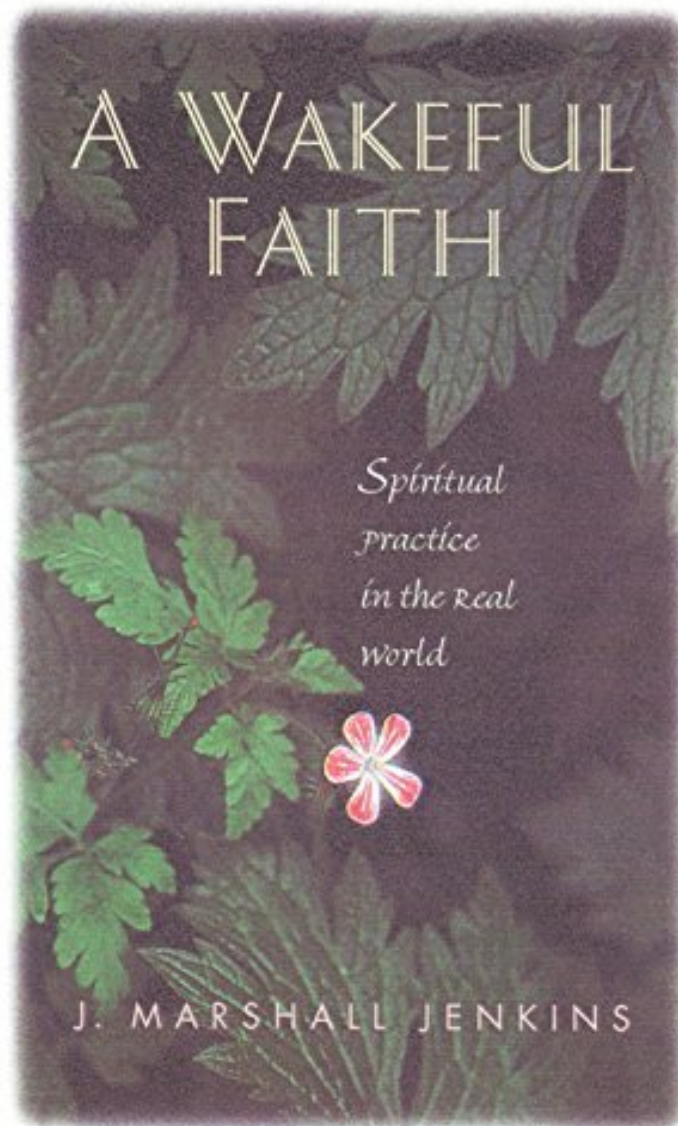


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A Wakeful Faith: Spiritual Practice in the Real World

Von J. Marshall Jenkins

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Von J. Marshall Jenkins : A Wakeful Faith: Spiritual Practice in the Real World before purchasing it in order to gauge whether or not it would be worth my time, and all praised A Wakeful Faith: Spiritual Practice in the Real World:

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Weekday Spirituality Von mgrdtch kaimakamian A Wakeful Faith offers a fascinating approach to the daily practices of

Christian spirituality. J. Marshall Jenkins makes the salient point that spiritual practices seem right and easy and appropriate on a Sunday, but much less so on a work day or a day in which we face all the stresses of life. He describes that typical weekday and points to ways in which spiritual practices undergird all that may happen. Jenkins is well aware of biblical stories and uses these throughout the book. He is also a psychologist who uses psychological insights to serve the larger purposes of Christian spiritual practice. And he has a nice sense of humor. A good read!

Kurzbeschreibung In the harried, expect-the-unexpected flow of everyday life, faith seems far away for many people. Your car breaks down. The bills are due. The kids need school supplies. The business report remains unwritten. In *A Wakeful Faith*, Jenkins asserts that living awake to God in all of our daily affairs is the answer. Only when we become consciously aware of God's gracious activity in the details of the day can we transform and find purpose in our lives today. "Each day brings a flood of demands for our time and attention," writes Jenkins. "Deep down, many of us feel the pace is killing us, but we do not admit it very often. After all, everyone else seems to get along okay. Something is killing us, but it is not the pace. It is the inattention to our deepest desire, the desire for God." Filled with humor and grounded in scripture, *A Wakeful Faith* calls us to a refreshed sense of God's presence, which can lead to spiritual well-being in all dimensions of life. Jenkins offers practical suggestions to rouse our spiritual wakefulness and alertness to God in daily living by showing how Jesus trained disciples to perceive the kingdom and to know God. Appropriate for individuals and small groups, *A Wakeful Faith* contains questions for reflection and discussion at the end of each chapter.

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ber den Autor und weitere Mitwirkende J. Marshall Jenkins is Director of the Counseling Center at Berry College in Mount Berry, Georgia. He is the author of two books and numerous articles on counseling and Christian spirituality. RON JENKINS teaches at the International Centre for Diffraction Data.